

# **Ski Touring Equipment List**

## **Clothing**

- Wool or synthetic socks and liner socks
- Long underwear top - synthetic or wool
- Light fleece or wool sweater
- Wind shell - nylon or 'Schoeller' type jacket
- Waterproof breathable jacket
- Warm insulated jacket - down or synthetic
- Long underwear bottoms - synthetic or wool
- Multipurpose stretch nylon or 'Schoeller' type pants
- Waterproof breathable pants
- Warm hat - wool or synthetic
- Brimmed cap for sun protection
- Face warmer - scarf, neck tube or balaclava
- Light gloves - wool, synthetic or leather
- Insulated gloves or mitts with waterproof outer shell
- Spare gloves or mitts
- Handkerchief

## **Snow Safety Equipment**

- Avalanche beacon with good batteries
- Shovel
- Probe

## **Travel Equipment**

- Skis or split board
- Ski or snowboard boots
- Poles
- Climbing skins
- Skin wax (or a candle)
- Ski crampons - optional
- Binding repair kit to fix your personal travel setup

## **Personal Equipment**

- Pack (30-40 litres)
- Sunglasses (Having both orange and dark lenses is a real benefit for uphill travel in all conditions)
- Goggles (orange lenses)
- Sunscreen and lip cream
- Head lamp with good batteries
- Insulated water bottle or thermos
- Lunch
- Personal blister kit
- Pocket knife
- Camera - optional

## **Glacier Gear (if required)**

- Harness - fitted for over your ski clothing
- Locking carabiners (x3)
- Non locking carabiners (x3)
- 6mm by 5m prussik cord (x2)
- 120cm sewn climbing sling (x1)
- Crampons - fitted to your ski boots (Aluminium crampons are recommended)
- Lightweight ice axe

## **Group Gear**

- Altimeter
- Map and compass
- GPS
- Snow study kit
- Snow and/or bush saw
- First aid kit
- Emergency tarp
- Emergency toboggan
- Group repair kit
- Radio, satellite phone or cell phone
- Rope for glacier travel
- Guide book/Route description